

CreatingYourLifePlan.com/Small-Group-Leaders-Dashboard

WEEK FOUR OWN YOUR ROLES

This week we're going to turn the lights on for our group and start to move forward. We've been looking back at and redeeming the past, and this week we'll switch gears and begin working on a plan to live a better story. We're going to do that starting with Modules 4 and 5.



Watch the videos. Watch the Module 4 and 5 videos back to back together with your group.



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Discuss. (5 minutes) Spend a few minutes explaining the exercises for Module 4 and 5 after you watch the videos. This would also be a great time to share your roles and ambitions as examples.

Break out. (30 minutes) Send everyone off to find their own individual spaces in your home and have them:

- Identify and write down 5 roles.
- Identify and write down at least 2 ambitions for each role.



Wrap up. Once it seems like everyone is finishing up, bring everyone back together to wrap up the evening.

Then tell them why this assignment was so important:

Unless a character in a story knows who he is and where he is going, the story doesn't make any sense.

Many people are living lives in which they don't quite know who they are and what they want, and they're not really heading anywhere. This isn't by design. We're not supposed to be bored and only thinking about ourselves too much, we're supposed to be heading somewhere and building something. Otherwise our minds become foggy. That's why tonight's exercise is crucial for helping you gain mental clarity and direction.

HOMEWORK

Watch Modules 6 and 7 videos at home and complete the paired exercises in your workbook before arriving to Week 5. These will be short exercises addressing relationships, in which we will discuss further when we meet together.