



CreatingYourLifePlan.com/**Small-Group-Leaders-Dashboard**

WEEK ONE

SET THE TABLE

Make food, drinks or whatever you need to create an inviting space to gather your small group. Have your computer hooked up to your television or a sizable monitor nearby.

- 1 Watch Module 1 Video.** Showing the Introduction video before you show the Module 1 video is optional, but it might be a good place to start if your group is unfamiliar with *Creating Your Life Plan*.
- 2 Discussion. (5 minutes)** Showing the Introduction video before you show the Module 1 video is optional, but it might be a good place to start if your group is unfamiliar with *Creating Your Life Plan*.
- 3 Break out. (30 minutes)** Ask everyone in the group to break out around your home and find a place to be alone. Have them take this time to write down a list of 8-10 positive and negative turns in their notebooks.
- 4 Round up. (5-10 minutes)** Once time is up, call everyone back together to discuss how the break out went for 5-10 minutes.

Questions to ask: *Did you find this process difficult or easy? Were you surprised by what came up in your memory?*

This is a great time to pray over the evening.

HOMework

Assign the group to watch the Module 2 video individually at home and complete the Module 2 exercise before everyone shows up for next week's meeting. Everyone will be taking his or her new list of positive and negative turns and putting them on a visual timeline.

You're done for the night. But before everyone leaves, make sure to explain that next week will be really important, because they will begin processing the timelines of their positive and negative turns. We're just getting started!